

Today's Date _____ Name _____
Date of Birth _____
Address _____ City _____ State _____ Zip _____
Phone (home) _____ (work) _____ (cell) _____
Email _____ Occupation _____

To help our consultants determine your needs, please answer as honestly and completely as possible. ALL INFORMATION WILL BE KEPT PRIVATE AND CONFIDENTIAL.

MEDICAL HISTORY: Please circle if you have ever had or currently have:

Diabetes, Cancer, Kidney Disease, Liver Disease, Shortness of Breath, Anemia, Heart Murmur, Heart Condition (Heart Attacks/Chest Pain), Stroke, Blood Clots, Asthma, Fever Blisters, Plastic Surgery within the past 6 months, Contact Lens, Eye Disease, Glaucoma, Hepatitis, HIV, Seizure Disorder, High Blood Pressure, Headaches, Hormone Imbalance, Hysterectomy, Arthritis or Joint Disorders, Spinal/Neck Problems, Insomnia
Additional conditions: _____

Allergies? (Circle all that apply) Medications, Aspirin, Antibiotics, Lidocaine, Talc, Latex, Fragrances, Retin-A, Hydroquinone, Alpha or Beta Hydroxy Acids, Hydrogen Peroxide, Hydrocortisone, Benadryl, Plant or Fruit Derivatives,

List other Allergies _____

Have you ever used a product that caused a reaction? Yes No

Over the counter meds: _____

Primary Physician _____

Current prescription medications: _____

Pharmacy of choice: _____

List any surgeries in the last 12 months _____

Dermatologist that you see regularly or in the past _____

Muscular/Skeletal Concerns

Have you had a professional massage before? Yes No

Areas of complaint, pain, or tension _____

Have you had any broken bones in the past 2 years? Yes No

Do you have numbness or stabbing pains anywhere? Yes No

Do you suffer from frequent or recurrent leg cramps? Yes No

Are you sensitive to touch/pressure in any area? Yes No

If Yes, where? _____

*Massage therapy is not a substitute for medical treatment or diagnosis. We recommend that you see a physician for any ailment you may have. Massage therapists do not prescribe medical treatments, pharmaceuticals, or perform spinal adjustments.

Skin Condition/Concerns

Oil Secretion

Do you experience breakthrough oily shine during the day? Yes No

Are you presently using Retin-A or any type of acid? Yes No

Do you experience skin breakouts? Yes No
If yes, what medications do you use to control breakouts? _____
Are you on Accutane or completed a course within the past six months? Yes No

Pigmentation Problems

Do you have blotchy skin (melasma or brown spots)? Yes No
How long have you had this condition? _____

Sun Exposure

Do you sunbathe? Yes No If yes, which? Tanning Booths or Natural Sun
Do you use a sunscreen daily? Yes No
If Yes, What SPF? _____ How Often? Daily Occasionally Rarely
What results are you looking to achieve with your skin?

What skin products are you currently using?

For Female Clients Only:

Could you be pregnant? Yes No Are you trying to become pregnant? Yes No
Are you taking hormone therapy? Yes No
Are you taking, or have you taken birth control pills? Yes No

I would like more information on the following treatments: (circle all that apply)

Spider Veins Mole/Lesion(s) Wrinkle Fillers Botox Skin/Tissue Tightening
Tattoo Removal Hair Reduction Laser Skin Rejuvenation Waxing/Hair Removal
Body Wraps/Polish Massage Facials/Skin Care Lash Perms/Dyes Peels
Bare Minerals Make-Up Nail Care Ion Body Detox Sunless Tanning

Please read carefully and sign prior to treatment:

To the best of my knowledge the information I have provided is complete and correct.
The proposed treatment has been satisfactorily explained to me and I have all the information which I desire. I will not hold liable The Waterford Wellness Spa for complications or reactions including but not limited to: abrasions, tears, breakouts, burns, bruising, discoloration, infection, irritation or allergic reactions resulting from any of the following spa treatments: Massage, Waxing, Perms/Dyes, Facials, Chemical Peels, Manicures, Pedicures, Body Polishes or Wraps, Sunless Tanning & Ion Body Detox

I hereby give my consent, authorization and voluntarily release to all persons working at The Waterford Wellness Spa from all claims that have or may in the future have a connection to any treatment in this office.

Cosmetic, Laser or Medical Treatments offered require a separate signed consent.

Patient Signature _____

Technician Signature _____